LISD School Health Advisory Council February 20, 2019

Agenda Item:	Discussion:	Action:	Follow Up By/Date:
Call to Order at: 6:00 pm by Michelle Durkin	Introductions: 20 present	All future meetings held at LISDAC will start at 6:00 pm	None
Review of Minutes for November 14, 2018 (last meeting)	Approval - Motion made by Bev Jordan and seconded by Micah Brassfield.	Minutes- Unanimous approval	None
OLD BUSINESS Health Audit	 Reviewed where Health topics are taught within academic school day. List includes: 5th grade Growth & Development, 7th grade Human Sexuality, CPR, Vaping, Bullying, Teen Dating Violence, Substance Abuse, Sexting, Red Ribbon Week 	Created Matrix denoting: • topic • grade level • state mandated (Y/N) • who teaches topic • Where topic is taught • curriculum provided (Y/N)	None

NEW BUSINESS			
Influenza	Widespread Texas higher than national average Mostly Type A Vaccine is 47% affective Electromagnetic Mist system		
Sub-Committee Summary Human Sexuality Jennifer Beimer	J Beimer reported that Marsh Media will not begin production on new version of Human Sexuality video until Fall 2019. Health TEKS will also be under revision and will be considered when updating the curriculum.		J Beimer, Fall 2019
Elementary Weather Guidelines Robin Fry	Adam Lewin of LISD Security spoke to sub-committee about weather conditions to consider for elementary outdoor activities. Data supports that elevated ozone concentrations typically occur during summer days and after 5 pm and should not be considered when reviewing weather guidelines. He discussed using AirNow.gov as a	Sub-committee met on January 29th to create survey questions for elementary staff and parents. Edits were made and draft of survey questions will be sent to Leadership for approval.	R Fry will take survey questions to Leadership on February 25th for approval. LISD Communications will use Survey Monkey to send questions out to all elementary staff and parents.

Sub-Committee Summary Mental Health Monya Crow	resource for teachers. In response to SHAC suggestion, there is now a digital library for parents. M. Crow reported that there are currently 8 videos in the Ask An Expert series. These videos are available to parents. LISD counselors answer questions most asked by parents on topics such as: Anger, Grief, Substance Abuse and Anxiety.	M. Crow will continue to reach	4/2019
	M. Crow reported looking into the suggestion to have Help info on the back of ID cards. Cost is a factor.	out to vendors and seek pricing info along with getting additional info from Employee Services about options	4/2019
	M. Crow reported the existing practice of utilizing counseling interns through MOUs with local universities.	Second Step Focus group will	Fall 2019
	In response to the request from SHAC to have a more consistent delivery of guidance curriculum the counseling dept is initiating a focus group for the Second Step Curriculum. The group will include campus administrators and counselors	begin meeting in March 2019.	

	with the goal of developing a timeline and topic plan for all campuses to use. In response to SHAC request to survey students about how schools are doing at educating about mental health, the counseling dept has surveyed all secondary students with the option to participate in a focus group to Suicide Prevention Curriculum rewrites.	SPC focus groups begin meeting April 2019.	Fall 2019
	Suggestion made to generate a list of "Bellringers" for classroom teachers that focuses on positive coping skills and restorative practices.	Counseling dept will research bell ringers and best collaborative between Social Emotional Learning and Restorative Practices	Fall 2019
Other			
	Adjourned at 6:50 pm	All meetings at the new LISD Administration Building in Welcome Center April 10 May 1 (if needed)	Reminded of the change in time and location for all other meetings this year.